



# Cooperation in the European Union to prevent irresponsible marketing of alcoholic beverages

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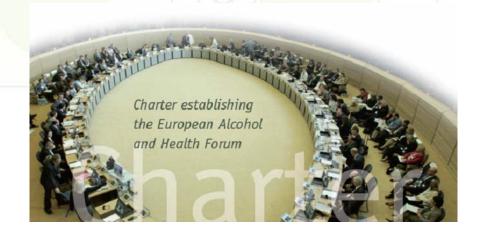




# Structure of the presentation

- Milestones
- EU alcohol strategy
  - Key elements
  - Priority themes
  - Implementation
- EU framework
  - Legislation
  - Self regulation

- Action at EU level
  - European Alcohol and Health Forum
  - EU-funded projects
  - Way forward







### Milestones in mutually reinforcing processes

1997

European parliament: Declaration on alcopops

Concern over targeted promotion

2001

Council recommendation: drinking of alcohol by young people

Establish effective mechanisms to prevent targeting

2006

European
Commission:
EU alcohol strategy

Protect
children and young people
Prevent irresponsible marketing

1995 European Charter on Alcohol

Protect from the promotion of alcoholic beverages

2001

Declaration on young people and alcohol

Strengthen measures to protect from promotion and sponsorship

2010 WHO global strategy on alcohol

Reduce the impact of marketing, reduce exposure of children and young people to appealing marketing





# EU Alcohol Strategy - key elements

- Focussed on priority themes: relevant in all Member States, action and coordination at EU level has added value.
- Coordination and mobilisation at EU level, exchange of good practice.
- Strong push for action needed:
  - action across sectors, in broad range of areas
  - action by a variety of stakeholders
  - action at all levels, from local to global
- Pragmatic: willing to go with whatever can deliver results - voluntary action, regulation, mixed.





# EU alcohol strategy - priority themes

- Protect young people, children and the unborn child.
- Reduce injuries and deaths from alcohol-related road traffic accidents.
- Prevent alcohol-related harm among adults and reduce the negative impact on the workplace.
- Inform, educate and raise awareness: impact of harmful and hazardous alcohol consumption, appropriate consumption patterns.
- Develop and maintain a common evidence base.





# Protect children and young people

- Under-age drinking, binge drinking
  - age limits for selling and serving
  - restrictions on marketing likely to influence young people
  - broad-based community action supported by education and media messages
- Children in families with alcohol problems
  - awareness and support
- Harm from alcohol during pregnancy
  - awareness-raising among women, the general public, medical professions





# Implementing the EU Alcohol Strategy

- Synergies across **EU** policies
- Cooperation with Member States
- Stakeholder action



and Health Forum **Plenary Open Forum Task Forces Science Group** 

**European Alcohol** 

Committee on **National Alcohol** Policy and Action (CNAPA)

**Member States** 

Synergies across policies

transport youth information society research employment taxation

Committee on **Data Collection** Indicators and **Definitions** 

**EU-funded projects** and research





## European Alcohol and Health Forum

Aim: to generate action across society

curb under-age drinking

enforce age limits

change behaviour

inform, educate

provide consumer information

promote responsibility in advertising and sales

Youth, health and consumer NGOs, medical professions, insurers

Observers: Member States, EESC, WHO, OIVW

Alcohol producers, wholesalers, retailers, caterers

**Commission services** 

Advertisers, sponsors, publishers

August 2011: 65 members, 190 actions

Full information and reports in database: <a href="http://ec.europa.eu/eahf/index.jsp">http://ec.europa.eu/eahf/index.jsp</a>





# EU framework: legislation

- Audiovisual Media Services Directive (AVMS) 2007
  - Audiovisual commercial communications for alcoholic beverages shall not be aimed specifically at minors and shall not encourage immoderate consumption of such beverages (III 9e).
- Additional criteria established in Television Without Frontiers (TWF) Directive 1989 (AVMS VII 22)
  - No link to enhanced physical performance, driving, social or sexual success
  - No claims regarding therapeutic qualities, stimulant, sedative, means of resolving personal conflicts
  - No emphasis on high alcohol content, no depiction of abstinence or moderation in negative light
- AVMS (XII 33): Commission to report on application (December 2011)
  - Including whether the rules on advertising have afforded adequate protection for children.





### Situation in EU Member States

### Alcohol strategy progress report 2009:

- Mix of statutory and self regulation
  - Statutory restrictions most common for TV and radio
- Restrictions may apply to all alcoholic beverages or to given types
- Restrictions on placement or content
  - Mandatory warnings on alcohol advertisements in 8 MS
- Frequent adjustments
  - For example introduction or adjustment of watersheds for TV advertising of alcohol to protect of children





# EU framework: self-regulation

- AVMS 2007 calls on Member Stats to promote co-regulation and self-regulation in the AV media services domain\*
  - Member States should recognise the role which effective self- regulation can play as a complement to the legislative mechanisms in place.
- Advertising Round Table 2006
  - Organised by DG Health & Consumers
  - European Advertising Standards Alliance, NGO experts, Commission officials
  - Outlined best practice model for self regulation
  - Criteria for effectiveness, independence, coverage

<sup>\*</sup>http://ec.europa.eu/avpolicy/reg/avms/index\_en.htm





### Action foreseen in EU alcohol strategy

- EU level action on commercial communication
  - Commission will work with stakeholders to create sustained momentum for cooperation on responsible commercial communication
  - Main aim: support EU and MS action to prevent irresponsible marketing
  - Long-term objective: single code of commercial communication for EU and national level
  - Monitoring performance of self-regulatory codes, including by independent parties





## European Alcohol and Health Forum

- Members' commitments to action
  - Around 50 actions involve cooperation to promote responsibility and prevent irresponsible commercial communication and sales
- Task Force on Marketing Communication
  - To examine best practice to promote responsibility
  - To build upon the Advertising Round Table
  - To examine trends in marketing
- EAHF Science Group
  - Comprising independent experts
  - To provide scientific guidance on specific issues upon request from EAHF





# EAHF commitments to strengthen self-regulation of alcohol advertising

- Single company or group of companies revision of code, training etc.
- Whole sector revision or extension of code, training, monitoring etc.
  - European Committee for Wine Enterprises (CEEV)
  - The Brewers of Europe
  - The European Spirits Organisation (CEPS)
  - The European Forum for Responsible Drinking (EFRD)
- What's new
  - Introduction of 30/70 rule = no targeting of children
  - Extension of self regulatory code to digital marketing





# EAHF commitments to support implementation across advertising media

- Association of TV and radio sales houses (Egta)
  - Compendium of statutory regulations and alcohol industry codes
- European Association of Communication Agencies
  - Guide for agencies on alcohol marketing self regulation codes
- European Publishers Council
  - Dissemination of information on the extension of selfregulation of marketing to digital media, including alcohol marketing
- European Sponsorship Association
  - Recommendations to sports and cultural events rights holders on their relationship with alcohol sponsors





## Task Force on Marketing Communication

- Self-regulation: mapping exercise report
  - Elements of the self regulation framework in Member States and at EU level in 2009
- Targeting/Not targeting youth: mapping exercise report
  - Practices in 2009 regarding audience composition
  - 30/70 rule (spirits); 50/50 rule (beer, wine)
- Update report planned for 2011: progress towards the Advertising Round Table best practice criteria
  - <u>Effectiveness</u>: copy advice, complaints procedure, publishing results, sanctions for non-compliance
  - Independence: involvement of stakeholders in code development and adjudication bodies
  - Coverage: across all activities and channels involved in marketing





# EAHF Commitments for monitoring alcohol marketing

- European Centre for Monitoring Alcohol Marketing (EUCAM)
  - Set up by the Dutch Institute for Alcohol Policy (STAP) with Eurocare Italia, IOGT-NTO & associated NGOs
  - Development from pilot project to continuous activity
  - Overviews of marketing regulations in EU
  - Overviews of research on the impact of alcohol marketing
  - Trend reports on alcohol marketing
  - Training for NGOs in monitoring compliance with self-regulatory codes
  - Drawing on results of EU-funded projects





### EU-funded projects and research

#### EU Health programme

- Enforcement of national Laws and Self-regulation on advertising and marketing of Alcohol ELSA 2005-2007
- Focus on Alcohol Safe Environment FASE 2008-2010
- Monitoring Alcohol Commercial Communications in Europe AMMIE 2009-2010
  - Lead partner in all: Dutch Institute for Alcohol Policy STAP
  - Total EU funding € 922 000
  - Number of MS involved: ELSA 23, FASE 5, AMMIE 7 MS

#### EU Research Framework Programme

- Alcohol Measures for Public Health Research Alliance AMPHORA 2009-2012
  - WP4: Young people's exposure to alcohol marketing & impacts on drinking habits
  - Involves 32 research institutions, 11 MS (+NO, CH)





### Alcohol Policy Youth Network (APYN)

- Result of joint action and joint commitment under the EAHF of the European Youth Forum and Eurocare
- Established 2008 by 25 youth organisations
- Member of the EAHF
- EU funding 2008-2010 € 108 000
- Capacity building and empowering for youth organisations; assessing young people's views; building bridges for cooperation also outside Europe
- www.apyn.org
- Report on the impact of marketing, price and availability on young people's consumption levels, July 2011.
  - Online survey, respondents from 41 countries
  - Mapping exercise, participants from 11 countries





## EAHF Science Group: scientific opinion 2009

- Does marketing communication impact on the volume and patterns of consumption of alcoholic beverages, especially by young people?
  - Different methodologies have been used to address the issue
  - Longitudinal studies are the best placed to offer insights into the nature of the relationship
  - Scientific opinion based on review of 13 longitudinal studies:

"Alcohol marketing increases the likelihood that adolescents will start to consume alcohol, and to drink more if they are already consuming alcohol."





#### More action needed...

- To reduce exposure of children and young people to alcohol advertising and sponsorship.
- To increase transparency and openness in Self Regulatory Organisations – involve NGOs, medical associations, parents and youth organisations.
- To deal with new forms of communication such as social media – in good and in bad.
- To address cut-price promotions for alcoholic beverages: happy hours, two-for-one, drink-all-you-can...
- Across the board: need to move from structures, plans and commitments to delivering concrete results.





# EU citizen support for action on alcohol advertising

Eurobarometer survey 2009 (2010)

- 77% totally agree that <u>alcohol advertising that</u> targets young people should be banned.
- 82% agree that <u>warnings should be placed on</u> <u>alcohol advertisements</u> to warn pregnant women and drivers of alcohol related risks.
  - 53% totally agree
  - 29% tend to agree





### EU alcohol strategy runs till 2012

Monitoring and evaluation to inform discussion on the next steps:

- Joint EC/WHO survey: trends in alcohol consumption, harm and alcohol policy development across MS
- Report on progress towards best practice model of self regulation of alcohol advertising
- Report on young people's exposure to alcohol marketing on TV and Internet
- Report on the market and self/regulation regarding alcoholic beverages with appeal for young people
- Independent evaluation of the implementation of the EU alcohol strategy





### Further info

#### DG Health & Consumers website

- http://ec.europa.eu/health
- http://ec.europa.eu/health/alcohol/policy/index\_en.htm

#### **EU Public Health Portal**

http://health.europa.eu